

"The most valuable, user-friendly manual on PTSD I have ever seen.

Must reading for victims, their families, and their therapists."

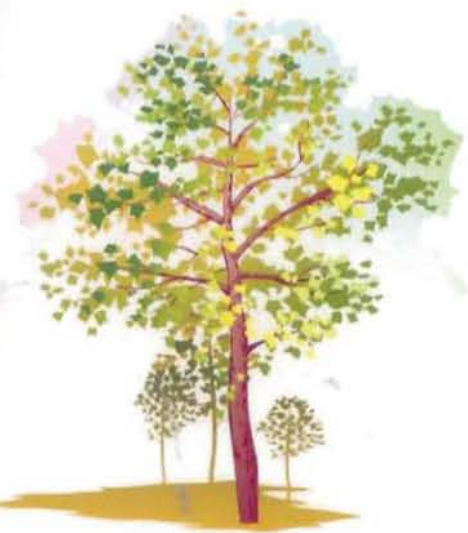
—George S. Everly Jr., Ph.D., founding executive editor, *International Journal of Emergency Mental Health*

The Post- Traumatic Stress Disorder SOURCEBOOK

Second Edition

A GUIDE TO HEALING,
RECOVERY, AND GROWTH

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